

# HABIT APPLIANCE

The habit appliance is used to correct a habit that is altering the shape of the jaws and alignment of the teeth. Such habits may include thumb and finger sucking, as well as tongue thrust.

The appliance is cemented onto the teeth and will remain in place until the habit has been corrected. The teeth and gums around the device must be kept very clean. Brush and rinse around the habit appliance very carefully. If you encounter any puffiness in your gums, rinse with warm salt water three times a day until it subsides.

If your habit appliance becomes loose, you experience discomfort or have questions, please call us at any time.



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